

## **Does your child recognise these signs?**

- Often loses place when reading
- Miss out words or re-read the same word
- Need to use a finger or marker to keep their place
- Quickly become tired when reading
- Experience transient blurred or double vision during close work
- Complain of words "moving about", "shimmering", or "dancing" when reading
- Has difficulty copying from board down on to paper
- Complain of headache (usually around the temples or eyes) after close work
- Has poor concentration for close work
- Short and often decreasing working distance
- Continuous reading is inaccurate, yet they can read single words quite easily
- Has difficulty "taking in" what they are reading, and have to read something several times for meaning

### **In addition, the following general symptoms may also suggest visual problems**

- Poor coordination at near, typically shown as bumping into, or knocking things over, yet may be good at sports. This may be identified as 'dyspraxia', but may simply be a vision problem.
- Reluctance to play with jigsaws and similar puzzles
- Difficulty with spatial concepts in maths
- Irregular and untidy handwriting
- Travel sickness
- A strongly phonetic pattern to spelling

**If you can tick more than two boxes on this list, you should seek professional help**